







WHO WE ARE

Tomchot Be'Ahava supports at - risk teenage girls and woman during pregnancy, childbirth, and early parenting steps. Women who have experienced trauma, neglect, or violence need to feel secure in order to reclaim their trust in the social welfare and healthcare systems.

every year, at least 20,000 at - risk pregnant teenage and women need our support. These numbers may be misleading because many of these girls or women never receive proper health care and remain outside the system. One of our goals is to make sure that they are aware of the services we offer. Unfortunately, the healthcare and social welfare systems in Israel do not have the resources to offer the individualized support needed in the situations we deal with. Moreover, at - risk women and girls have little faith in these systems, and, as a result, many choose to neglect their basic physical and mental health during this critical period.

 <p>Location all over Israel</p>	 <p>Support since March 2022 we have our supported to 110 woman in risk</p>
 <p>entities Welfare, Health, Mental health, education</p>	 <p>200 Volunteers Doulas, Postpartum doulas, midwives, Lactation consultants, nurses, therapists.</p>

TOMCHOT BE'AHAVA - OUR GOALS

1. To offer holistic support to any at - risk pregnant girl or woman.
2. To provide relevant information and raise awareness among medical teams and other relevant institutions.
3. To help transform these periods in these womens' lives into growing and empowering opportunities.

Such support is life-changing not only for the mother, but for her children as well.

WHY NOW?

The October 7th massacre, transformed our lives. Many resources have been diverted towards direct needs related to the war. Providing support to pregnant girls and young women, many of whom have no one else to turn to, is what we do at Tomchot B'ahava. The trauma from the massacre and the war have affected everyone in Israel, and earlier trauma victims find themselves triggered in ways that we are still trying to process.

WHAT DO WE OFFER?

We have 200 volunteers from all over Israel who provide professional support at all stages of pregnancy, childbirth, and breastfeeding. Additionally, we offer guidance to those who choose to have an abortion. Our volunteers receive professional training and support. We have many partnerships with organizations Throughout the community as well as strong ties with the maternity units and delivery rooms in most hospitals in Israel.

HOW CAN YOU HELP US?

Doula fees for prenatal, labor, and postpartum visits ranges between \$450 to \$1200.


Our goal is to provide the best services at a fraction of the cost.

The accompanying frameworks are paying for Tomchot Be'Ahava's support.

With your assistance, we can continue to provide comprehensive, and holistic support:

One donation | monthly donation

- 50\$
- 100\$
- 250\$
- 500\$
- 1000\$
- Other:



[pay by credit card](#)

or:

Bank transfer: IBAN IL32-0205260000000205191
 Name of bank: mizrahi-tefahot
 Bank branch: 526 account number: 224978

Tomchot Be'ahava is an israeli nonprofit organization

Registered Association: 580739282